



LifeNet Network for Geomancy and Transformation

MEDITATION OF THE MONTH SEPTEMBER 20TH TO OCTOBER 20TH 2011

Proposed by Marko Pogacnik and LifeNet - Network for Mutual Inspiration between Earth and Humanity

In the case of the last month's meditation, I proposed a kind of acupressure. However, one does not touch with one's own hand different acupuncture points but the area on one's own body related to the heart chakra.

This is not acupressure but a kind of inner dialogue with one's own body through which its deep inner powers can be activated. Let us say, by touching the region of the heart chakra through the combination of the hand-touch and the inner attention, a more profound sensitivity of one's presence will be awakened.

The same can be done with other chakra regions in combination with certain healing colors, like the colors of the seven cosmic rays.

This is a creative form of meditation and everybody participating can use the ensuing heightened sensibility to perform a chosen form of service to life in one's environment or even on the broader scale of planetary upheavals. Also communication with different dimension of the Earth Cosmos can be inspiring.

You can choose or explore different combinations - I propose here some possibilities:

1. *In the time of big changes- like ours - alienated forces tend to gather like emotional clouds and bump again and again against your aura or the aura of your place. They tend to cause difficulties to make one aware of their presence. You can evoke the needed transformation powers by touching the area of the throat chakra in combination with the violet color.*
2. *If you find yourself in the turmoil of emotional chaos, touch the zone of solar plexus in combination with visualizing golden color.*
3. *If you would like to protect yourself, a person or a place, which may be threatened by a natural catastrophe or by the intruding counter-forces, touch the area of the third eye in combination with blue light rays emanating from that point.*
4. *There are other cases when one can use the combination of the heart center and green.*
5. *To open to communication with the spiritual world touch the back of your head in combination with visualizing the colour white.*
6. *Touching the coccyx area at your back may open the gate to the world of archetypal forces of the Earth.*
7. *After you have touched the chosen area with your finger or fingers, stay like this in contact during the meditation as long as it is needed. With the help of your imagination visualize the corresponding color into the established force field.*
8. *Your capacity of visualization in combination with your emotional sensitivity will help you to connect with places or beings that you intend to communicate or collaborate with. Be aware that the further existence of life on Earth depends also on our readiness to do something good and uplifting for our fellow beings, for nature, transmutation of the alienated aspects of our civilization and ultimately for the good of oneself.*

Dear friends of the Earth Cosmos!

Some years ago I started proposing the Monthly Meditation to give a regular impulse towards a common focus for the coming month.

According to my experiences and insights our planet Earth is in a process of profound transformation to become a pluridimensional planet which I use to call "Earth Cosmos".

Since 1998 I am observing an astonishing process through which the Earth's materialized planetary body enters a fusion with parallel planetary spheres that are invisible to us human beings at present - we even largely deny their existence.

The worldwide appearance of unusual catastrophes can be seen as a shadow side of this process.

The purpose of the Meditation of the Month is to inspire us towards common and conducted spiritual action to support the Earth's process of change, and to cooperate with it by exploring processes of change within us individually.

I believe that the Earth invited us human beings, amongst others, to take part in her evolution to have at hand a creative device to help her to reach the next step of her evolution. And we are a fantastic creative machine, indeed!

So let us use the creative capacities of our imagination as an open group, to give this service to life at this moment, when it may be needed more then ever before.

Please note that the Meditation has always an introductory text that allows you to create your own version of it - but please follow the same theme.

During the 2nd International Gathering of the Network of Life (LifeNet - Geomancy and Transformation) at Meinberg, Germany in July 2010 it was decided that the Meditation of the Month becomes one of the projects of the LifeNet. I got support of a group of individuals to be able to choose the right meditation for the right moment.

Meditation of the Month is being translated into German and some other languages. The German translation can be obtained if you ask, sending your Email-address to: lebensnetz@gmx.net, the Slovenian to: drustvo.vitaaa@gmail.com.

Marko Pogačnik, August 13th 2010