



LifeNet

Network for Geomancy and Transformation

MEDITATION OF THE MONTH FEBRUARY 20<sup>TH</sup> TO MARCH 20<sup>TH</sup> 2010

Proposed by Marko Pogačnik

Dear children, do you remember Christian Andersen's story of the Snow Queen? Another day I was meditating on the question, how it is possible that thousands, even millions of people are able to be so irresponsible and even cruel towards other people or animals or nature worlds (which means also treating this way their own nature)...Suddenly my vision opened into another dimension of space that felt terribly old and odd. I saw a giant sitting on a high mountain. Suddenly he tumbled to the ground and dispersed itself into billions of tiny bits. They flew with incredible speed throughout the universe and hit many people...

In that moment my memory went back to the Andersen's Snow Queen and the gigantic mirror that giggling devils carried high into the space till it out of their hands and broke into billions of pieces. It was a special mirror. Whoever looked oneself into that mirror became terribly distorted. If looking a beautiful spring morning in the mirror, one would see a foggy and sorrowful day...Now when bits and pieces of the broken mirror have hit hearts and eyes of people they started to see around them only disasters, suppression of human rights...they started to think that nature around them is a dead object meant for limitless human exploitation.

To the little Kay from the Snow Queen, who loved his little Gerda deeply, she seemed now, after a piece of the mirror hit his heart and another his eye, awful and too small for him. Like the hearts of his fellow humans, also his heart enslaved by rational judging became a piece of ice. In the final chapter of the fairy-tale we see him frozen, how he tries to compose without a success the word "eternity" out of blocks of ice.

I do not say that humanity was struck by an irreparable loss three or five thousand years ago when it got caught by the cosmic "inspiration" described in Andersen's fairy tale (or in my vision) and when human beings started to look upon themselves as rational beings. It lasted centuries and centuries. The history describes more and more cruel rulers thirsty for power, enslaved nations...later proud winners over the forces of nature capable to manipulate genetic codes and ruthlessly exploit natural resources.

It becomes clear that this course of development can not be changed if we do not get free from our own rational cramp. Yet nothing is wrong with rationality itself! Problematic is the fact that we have neglected the more primary sources of intelligence, like the consciousness of the heart, the multidimensional intuition, our capability to experience reality as objective AND subjective simultaneously. We have forgotten the creative and blissful potentials of the emotional world pulsating within us and all around us in nature. We have forgotten that nature is in its own way capable of thinking and communicating being ready to open for partnership with human race. But even if we know all this, as long as we stay caught within the icy corset of exclusive rationality, the knowing does not help much.

Following meditation of the month is a call towards melting of the frozen human mind and towards warming up of heart qualities within human beings and our world. Yet to start with, everyone should pay attention to the possible aspects of one's own "glaciers" which we may even not know. It is also valuable to remind oneself that we share burden of being human with the whole of humanity if we want it or not.

- *Be connected, be peaceful, be present.*
- *Imagine that your heart space is caught into a thick shell of ice. (The purpose of this imagination is to pull into process of melting those pieces of ice that might be hidden within your sub-consciousness.)*
- *Make the effort to unfold from inside the heat of your heart so that the ice shell starts to melt from inside.*
- *Streams of water (of the melted ice) as warm as tears are flowing through your being into the world around.*
- *Because the streams (later rivers) are as warm as tears of happiness, they cause melting of ice heaped around the hearts of people and within the spaces of frozen human world that has caught beings of nature and the Earth in its ice fields.*
- *Follow the flow and rejoice!*